## **COMMITMENTS** with Ken+Leslie

## **How Can You Avoid Divorce?**

Robin Graine, JD, CDFA® July 28, 2019



Robin Graine, JD, divorce mediator, marriage consultant, certified divorce financial analyst was a featured guest on the podcast *Commitments with Ken+Leslie*. Robin's interview was based on her May 1, 2019 Thrive Global article *How Can You Avoid Divorce? 5 Observations from a Divorce Mediator*.

Robin talked about her observations over the past 10 years owning Northern Virginia's preeminent divorce mediation and marriage consultant firm, Graine Mediation LLC, about contemporary circumstances that contribute to marital demise and, ultimately, divorce:

- Mom ditches the stay-at-home dad for a working dad
- Dad leaves the mom who is hyper-focused on their children
- Wives dump husbands with an internet porn addiction
- Couples break up when one of them reconnects with an old flame on Facebook
- Spouses look to their partners to fill too many roles

Robin also shared her belief that most marriages break up over the "3-A's": Not enough attention. Not enough affection. Not enough appreciation.

Listen to the full podcast here https://commitments101.com/podcast/#072819?/;.sw